



**POLIKLINIK  
AN-NUR**  
DESA PINGGIRAN PUTRA

# PREGNANCY JOURNEY

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*Guide  
&  
Package*

ANTENATAL CHECK-UP

*Packages*

# Antenatal Check-up

## FOR MOMMIES

Starting from

RM1299

\*Terms & conditions apply.



Antenatal  
Checkup visits

Scan Programme

Blood Test

Antenatal Book

+ Fetal Growth Scan

- Nuchal Translucency (NT Scan)

- Detail Scan

- 3D4D5D Scan

- Antenatal Blood

- HIV I & II

- MOGTT

+ Photo Frame

+ 4R Photo



# Package *Sofia*

# RM 1299

- ♥ Consultation by Medical Doctor (GP) - 5X
- ♥ Antenatal Book - 1 Book
- ♥ Antenatal Routine Blood Screening - 1x
- ♥ HIV 1 & 2 - 1x
- ♥ Urine Full Examination (UFEME) - 5x
- ♥ Scan 2D - 5x
- ♥ Print Scan - 5x
- ♥ Full Blood Count (FBC) - 2x
- ♥ Haemoglobin (HB) - 3x
- ♥ Modified Oral Glucose Tolerance Test (MOGTT) - 1x
- ♥ Obimin Tab - 3 months.
- ♥ Iberet Tab - 1 months.

FOC :

- ♥ Scan 3D4D5D - Free Photo Frame + 4R Picture.
- ♥ Breastfeeding Talk.

\*Terms and conditions apply.



# Package *Mardiyah*

RM 1799

- ♥ Consultation by Medical Doctor (GP) - 7X
- ♥ Antenatal Book - 1 Book
- ♥ Antenatal Routine Blood Screening - 1x
- ♥ HIV 1 & 2 - 1x
- ♥ Urine Full Examination (UFEME) - 7x
- ♥ Scan 2D - 7x
- ♥ Print Scan - 7x
- ♥ Full Blood Count (FBC) - 3x
- ♥ Haemoglobin (HB) - 4x
- ♥ Modified Oral Glucose Tolerance Test (MOGTT) - 1x
- ♥ Obimin Tab - 6 months.
- ♥ Iberet Tab - 2 months.
- ♥ Detail Scan - 1x

FOC :

- ♥ Scan 3D4D5D - Free Photo Frame + 4R Picture.
- ♥ Breastfeeding Talk.

\*Terms and conditions apply.



# Package *Naura*



RM **2299**

- ♥ Consultation by Medical Doctor (GP) - 7X
- ♥ Antenatal Book - 1 Book
- ♥ Antenatal Routine Blood Screening - 1x
- ♥ HIV 1 & 2 - 1x
- ♥ Urine Full Examination (UFEME) - 7x
- ♥ Scan 2D - 7x
- ♥ Print Scan - 7x
- ♥ Full Blood Count (FBC) - 3x
- ♥ Haemoglobin (HB) - 4x
- ♥ Modified Oral Glucose Tolerance Test (MOGTT) - 1x
- ♥ Obimin Tab - 6 months.
- ♥ Iberet Tab - 2 months.
- ♥ Nuchal Scan - 1x
- ♥ Detail Scan - 1x
- ♥ Vaccine TDAP - 1x

FOC :

- ♥ Scan 3D4D5D - Free Photo Frame + 4R Picture.
- ♥ Breastfeeding Talk.

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# Ultrasound Scan

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# Nuchal Translucency (NT) Scan



- Nuchal translucency ialah ukuran ketebalan cecair di belakang leher janin.
- Nuchal translucency scan ini hanya boleh dilakukan dalam tempoh 11 minggu hingga 13 minggu + 6 hari kehamilan.
- Merupakan salah satu daripada beberapa cara mengesan kecacatan genetik, dan bukan hanya untuk mengesan Down's Syndrome.
- Ada 3 kecacatan genetik yang telah terbukti boleh dikesan melalui Nuchal translucency scan iaitu:

- Down's Syndrome
- Edward Syndrome
- Patau Syndrome

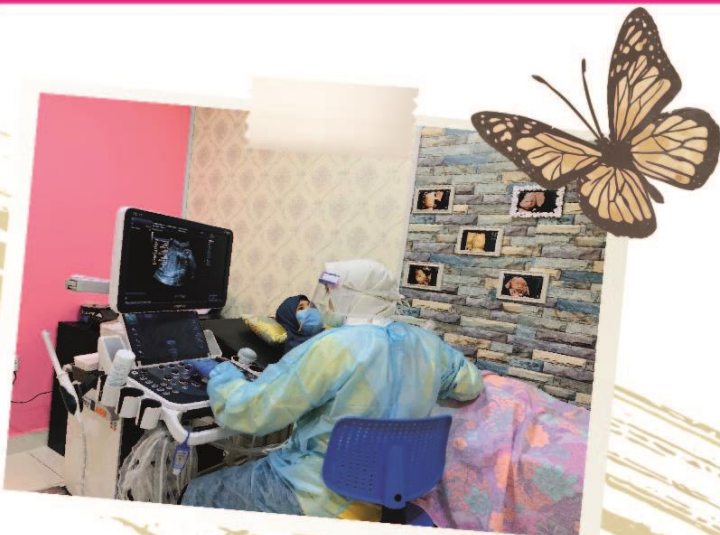




# 2D

# DETAIL SCAN

- ✦ Umur kandungan yang sesuai pada usia 18 Minggu - 28 minggu.
- ✦ 2D scan yang terperinci.
- ✦ Bertujuan untuk mengesan sebarang keganjilan pada kandungan kecacatan fizikal.
- ✦ Scan hitam putih yang melibatkan pemeriksaan organ dalaman seperti :
  - Otak.            - Kaki.            - Hati.
  - Usus.            - Hidung.        - Paru-paru.
  - Jantung.       - Mulut.        - Dan lain-lain.
  - Jari.            - Tali Pusat.
- ✦ Scan jantina bayi.
- ✦ Dalam bentuk hitam/putih.



# 3D 4D

# 5D Scan



Free

- ◆ Umur kandungan yang sesuai pada usia 24 Minggu - 28 minggu.
- ◆ Hanya fokus pada bahagian wajah dan jantung bayi.
- ◆ Ciri-ciri 3D4D5D yang cantik bergantung pada usia kandungan yang sesuai, air ketuban yang mencukupi, tiada halangan, posisi bayi serta penggunaan mesin dan juruscan.



3D4D  
SCAN

5D HD  
LIVE



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Talks

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# ANTENATAL CLASS: ONLY WONDERFUL LABOUR EXPERIENCE FOR ME!



**1-TO-1 SESSION WITH**

**O&G CONSULTANT  
DR LILY FARIZA KARIM  
MD(UKM), MMED(USM)**

## 2 MODE OF CLASS

- PHYSICAL
- ONLINE CLASS



**EVERY  
SUNDAY**



**11.00AM-  
12.30PM**



**RM150  
PER PAX**

**GET A FREE VOUCHER 50% OFF  
FOR X1 ANTENATAL SCAN**



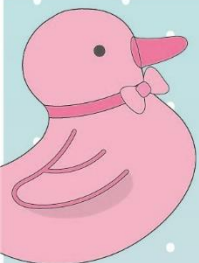
## CLASS OUTLINE

- HOW TO PLAN & DESIGN BIRTH PROCESS
- PREPARATION FOR LABOUR
- SIMPLE EXERCISES TO EASE LABOUR
- EARLY POSTPARTUM CARE

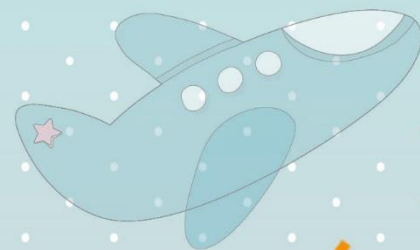
**☎ 0389229834  
☎ 0176637202**



SCAN ME



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# Breastfeeding Talk

**PRIVATE ONE-TO-ONE**



**BreastFeeding.**  
(Penyusuan Susu Ibu)



**Breastmilk Storage Guidelines.**  
(Teknik Penyimpanan Susu Ibu)



**Vaccinations.**  
(Vaksinasi Ibu dan Anak)





# POLIKLINIK AN-NUR

DESA PINGGIRAN PUTRA

## POLIKLINIK AN-NUR DESA PINGGIRAN PUTRA

NO 1 JALAN PINGGIRAN PUTRA 4A/4,  
DESA PINGGIRAN PUTRA, 43000 KAJANG,  
SELANGOR DARUL EHSAN.

Tel No. : 03-8922 9834  
Whatsapp No. : 017-6637202  
Email : annurdpp@gmail.com

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